





Is it possible to make a direct appointment with a speech therapist?

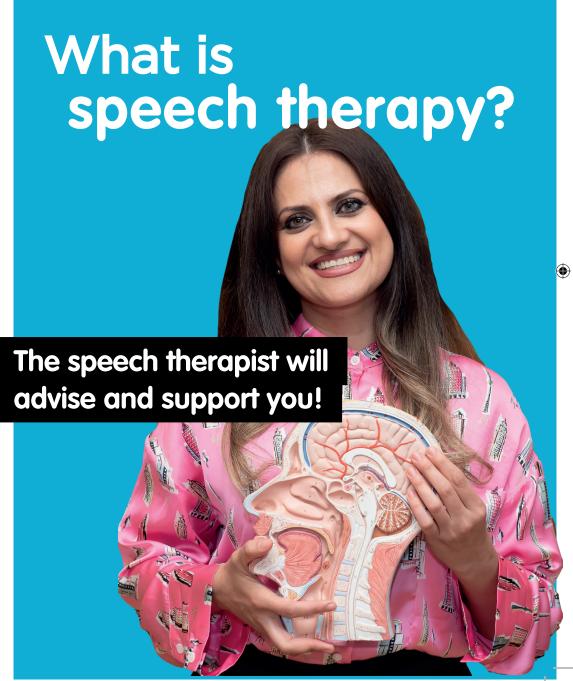
Making an appointment with a speech therapist often requires a referral letter. Making an appointment with a speech therapist often requires a referral letter. Ask your general practitioner or specialist to prepare such a letter. You can then make the appointment yourself and take the letter with you. Many speech therapist practices also allow you to make an appointment directly, in which case a referral letter is not necessary. Is the person that requires speech therapy a child that needs more care and guidance in order to learn? Then the school can call in a speech therapist. And if you live in a nursing home, for example, speech therapy can be arranged directly through the home.

Contact data

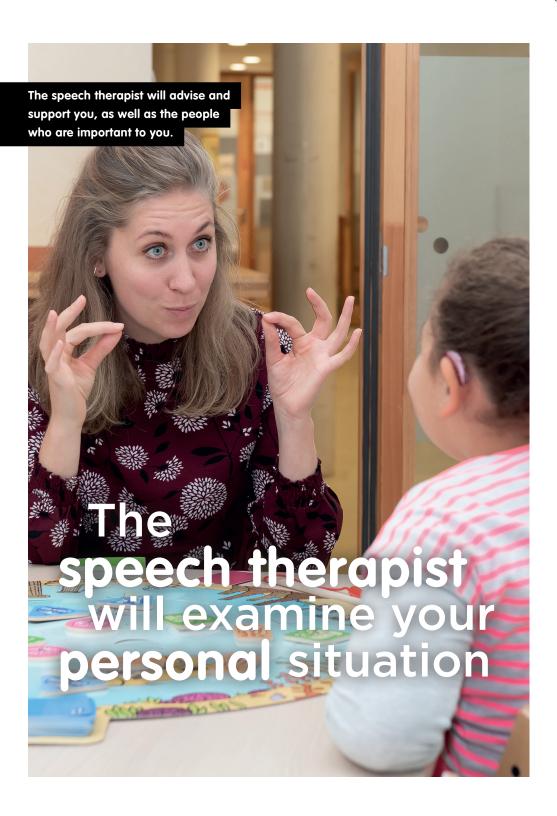


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Speech therapy is a form of care that aids people with speech, language, voice, hearing, communication, eating and drinking (swallowing) problems. **Every person wants to communicate** independently. But this doesn't always work out. Consider, for example, small children who do not start talking by themselves. But also adults who can no longer speak, eat or drink properly because of a stroke. These kinds of problems make it difficult to go to school, work and interact with other people, which weighs negatively on a person's life. Fortunately, a speech therapist can help you. The goal of speech therapy is to improve a person's ability to communicate, eat and drink independently, and thus help them achieve a more care-free life.

How can a speech therapist help you?

A speech therapist will examine your problems with language and speech. For example, how do these problems affect your daily life? The speech therapist will examine your personal situation: what is your living environment like? Which treatment is best suited to your situation? During the treatment, you will learn which techniques can help you. You will practice these techniques during your visits to the speech therapist. You will also be given exercises to do at home.

The speech therapist will advise and support you, as well as the people who are important to you. For example, your parents, partner, or care providers. Sometimes you will get

extra help via an app on your phone, or by means of video calls.

In what situations can someone get help from a speech therapist?

A speech therapist helps with problems with language and speech. Even before a child starts talking, a speech therapist can already help. Because a speech therapist is an expert when it comes to the mouth, the tongue and swallowing.

Examples:

- Babies who cannot drink well from the breast or bottle.
- Children who do not learn to speak on their own due to a problem in language development.
- People who stutter or cannot pronounce certain words.
- People who are hoarse or who have lost their voice.
- People who can no longer speak or swallow properly due to an illness.

How much does speech therapy cost?

Speech therapy is covered by your health insurance. Additional insurance is not required. A deductible applies from the age of 18. If a speech therapist has no contract with a health insurer, the reimbursement will depend on the terms and conditions of your health insurance policy.

Where can one find a speech therapist?

Are you looking for a speech therapy practice near you?
Please visit www.logopedie.nl.

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